

STARTERS

- CRISPY CHICKEN ROLL 9** (DF)
mushrooms / vermicelli / carrots / onions / rice paper
- BUDDHA ROLL 7** (V) (VG)
tofu / romaine lettuce / cucumber / jicama / pickled carrots / daikon / cilantro / mixed asian herbs / black bean sauce / rice paper
- CHICKEN POT STICKERS 9** (DF)
mushrooms / onions / sesame / balsamic glaze
- SPICY TUNA TACOS 9** (DF)
green papaya / tomatillo / kaffir lime leaves / onions / thai sweet chili sauce
- TIATO SAUSAGE PIZZA 11** (V) (*)
caramelized pork / tomatoes / zucchini / roasted corn / onions / bell peppers / baby arugula / cheese / asian pesto
- SALT AND PEPPER CALAMARI 10**

SOUPS & SALADS

- ROASTED TOMATO VEGAN SOUP - cup 5 / bowl 7** (V) (VG)
- SOUP DU JOUR - cup 5 / bowl 7**
- SESAME CRUSTED SOY TOFU QUINOA SALAD 12** (DF) (V)
kale / cabbage / edamame / ginger miso dressing / portabello
- TURKEY TACO SALAD 12** (V) (DF)
black bean / roasted corn / jicama / tomatoes / crispy tortillas / cilantro dressing
- ANTIOXIDANT SPINACH AND KALE SALAD 13** (V) (V)
blueberries / beets / chevre cheese / raisins / shallots / green apples / frisee / flax seeds / pomegranate ginger dressing (add chicken 3 / add shrimp 5)
- ORIENTAL CHICKEN SALAD 13** (DF)
cabbage / watercress / carrots / cucumbers / jicama / cilantro / sesame seeds / crispy wonton strips / sesame soy vinaigrette
- SESAME CRUSTED CHICKEN & WATERCRESS SALAD 13** (V)
granny smith apples / candied walnuts / bleu cheese / sherry wine vinaigrette
- WARM WILD RICE TURKEY SALAD 13** (V) (DF) (*)
kale / mushrooms / cherry tomatoes / shallots / citrus ginger dressing
- CRISPY GOAT CHEESE SALAD 13** (V)
mixed greens / cherry tomatoes / cucumbers / jicama / blueberries / green onions / asian five spice dressing

SANDWICHES & BUNS

- (choice of mixed greens, sweet potato or regular fries)
(substitute with gluten free / dairy free + \$1) *
- CHICKEN BANH MI SLIDERS 11**
spicy mayo / house pickled veggies
- GRILLED VEGETABLE SANDWICH 11** (V)
zucchini / eggplant / feta cheese / bell pepper / arugula / vegan wheat roll
- TIATO BANH MI (VIETNAMESE BAGUETTE) 12** (*)
beef or chicken / carrots / daikon / cucumber pickles / jalapeno / cilantro
- CURRY CHICKEN SANDWICH 11** (DF)
apples / pears / golden raisins / sourdough ciabatta
- ASIAN PULLED PORK SANDWICH 12** (DF)
asian herbs marinade / kale slaw / red cabbage / carrots / daikon
- TOMATO SOUP & GRILLED CHEESE 11** (V)
cheddar and jack cheese / thai basil pesto / artisan sourdough bread
- TIATO GRASS FED BURGER 15**
herbed patty / tomato jam / butter lettuce / havarti cheese / portuguese bun
- TURKEY BURGER 15**
basil / roasted garlic aioli / alfalfa sprouts / red onion / havarti cheese / avocado / focaccia bread

LARGE BOWLS & PLATES


- PHO 10** (V) (DF)
chicken or beef / rice noodles / fresh herbs / homemade chicken broth (added herbs and bean sprout \$1)
- SAIGON STYLE BEEF NOODLE SOUP 11** (V) (DF)
beef stew / rice noodles / cabbage / lemongrass beef broth
- VIETNAMESE RICE NOODLE SALAD 13** (DF) (*)
crispy chicken rolls / choice of mama's turkey meatballs / chicken / or beef satay
- TIATO EGGPLANT TOFU 12** (V) (VG)
vietnamese herbs / black bean sauce / kale cabbage salad / choice of brown or white rice
- YELLOW CURRY CHICKEN 12** (V) (DF)
zucchini / chinese long beans / kaffir lime leaf / green apple / choice of brown or white rice
- GRILLED THAI BBQ CHICKEN 15**
thai bbq chicken / broccolini / sauteed green tea soba noodle salad
- MAMA'S WOK NOODLES 10** (V) (*)
broccolini / cabbage / bok choy / celery / bean sprouts / portabello mushrooms / carrots (add chicken 2 / add beef 3 / add shrimp 5)
- TURKEY MEATLOAF IN A SAN MARZANO SAUCE 13** (DF)
mashed potatoes / spinach
- FILET OF MISO SOLE 17** (V) (DF)
baby bok choy / tomatoes / white or brown rice
- GINGER GLAZED WILD SALMON 20** (V) (DF)
caramelized ginger sauce / grilled pineapple / sautéed kale-spinach / white or brown rice
- SHAKEN BEEF BOWL 16** (V) (DF)
cubed filet mignon / tomatoes / caramelized onions / butter lettuce / white or brown rice
- MAMA'S KALBI 16** (DF)
korean-style short ribs / cabbage kale / egg white fried rice

SIDES

- TIATO MAC & CHEESE - PARMESAN 7** (V)
- SAUTÉED KALE / BABY BOK CHOI / GOJI BERRIES 6** (V) (VG)
- ROSEMARY GARLIC MASHED POTATOES 5** (V) (V)
- ROASTED MARKET VEGGIES W/ TIATO HERBS 7** (VG)
- SAUTÉED GARLIC SPINACH 6** (V) (VG)
- FRIES REGULAR OR SWEET POTATO 4** (add garlic 1) (V) (VG)
- GRILLED ASPARAGUS 6** (V) (VG)
- FRIED RICE 5** (V) (VG)

EXTRAS

- SESAME CRUSTED SOY TOFU 3** (V) (VG)
- WHITE OR BROWN RICE 3** (V) (VG)
- FRENCH BAGUETTE 2** (VG)
- TUNA SALAD 5.50** (V)
- AVOCADO 3** (V) (VG)
- MIXED GREENS 5** (V) (VG)

 **New!**  **Gluten-Free**  **Vegetarian**

 **Dairy-Free**  **Vegan**

***** Can be modified to be Gluten-Free or Vegetarian. Additional costs may apply. Ask your server.

At Tiato, we are proud of our sustainable practices. Bringing you health and happiness through food.

18% gratuity added to parties of 8 or more. 6 maximum checks per table.

BEVERAGE MENU

ORGANIC COFFEE

milk options: non-fat / whole / almond milk +.50 / soy +.50 / coconut almond +.50

iced or regular coffee - s 1.75 / m 2.00 / lg 2.25
 vietnamese coffee (iced or hot) - s 2.25 / m 2.50 / lg 2.75
 americano - s 2.00 / m 2.50 / lg 3.00
 café au lait - s 2.25 / m 2.50 / lg 2.75
 cappuccino - s 2.75 / m 3.00 / lg 3.75
 latte - s 2.75 / m 3.00 / lg 3.25 (additional flavors + .50)
 espresso shot - s 2.00 / m 2.50 / lg 3.00
 white chocolate mocha - s 3.25 / m 3.50 / lg 3.75
 (additional syrup flavors +.50)

ORGANIC HOT TEAS 2.50

tropical green sweet ginger peach southern mint
 bombay chai dragon eye oolong english breakfast
 earl gray lavender honey bush caramel golden chamomile

FRESH PRESSED JUICE

GREEN GODDESS (12oz) 5 / (16oz) 6.50
 broccoli / celery / green apple / honeydew / spinach
 ROYAL DETOX (12oz) 5 / (16oz) 6.50
 beet/carrot/green apple/parsley
 CYO (12oz) 5 / (16oz) 6.50 / (20oz) 8
 Select 3 fruits or vegetables: broccoli, celery, spinach,
 green apple, carrot, ginger, beet, honeydew, orange,
 strawberry, raspberry, lemon, honey, blueberry
 (each additional fruit + .50)
 APPLE / CARROT / ORANGE (12oz) 5 / (16oz) 6.50
 APPLE / GINGER / CARROT (12oz) 5 / (16oz) 6.50
 LEMONADE 3
 (no free refills)
 CAYENNE LEMON GINGER SHOT (2oz) 4

SODA & TEA 2.25

sprite / coke / diet coke arnold palmer
 iced tea tiato iced green tea

BOBAS

(12oz) \$3.25 / (16oz) \$3.75 / (20oz) \$4.50
 green tea boba or black tea boba
 iced vietnamese coffee - s 3.75 / m 4.00 / lg 4.25
 regular iced coffee - s 3.25 / m 3.50 / lg 3.75

SMOOTHIES (20oz) 6

(each additional fruit/veggie + .50)
 CHOCO BONANZA
 choc protein peanut butter / banana / coconut / almond milk
 GOOD MORNING VIETNAM
 pineapple / mango / ginger / coconut milk
 HONEYDEW HEAVEN
 honeydew / banana / strawberry / almond milk / honey
 TRIPLE BERRY
 strawberry / blueberry / raspberry / honey / nonfat milk
 GREEN APE
 banana / strawberry / spinach / dates / almond milk
 TROPICAL GREEN
 mango / kale / banana / pineapple / orange juice
 GREEN MONSTER
 pineapple / mango / honey / coconut / flax seed / spinach / soy milk
 HAWAIIAN
 banana / coconut / pineapple / almond milk
 THE ZINGER
 mango / orange juice / pineapple / ginger
 PB & J
 peanut butter / strawberry / blueberry / flax seed / soy milk
 CYO (20oz) 5.75
 choose 3 fruits or veggies / choice of milk, green apple, celery,
 spinach, carrot, ginger, honeydew, orange, banana, strawberry,
 blueberry, raspberry, lemon, honey
 ADD A SHOT \$0.75
 vanilla protein powder / chocolate protein powder / vitamin c /
 flax / cayenne / cinnamon



BOTTLES

pyramid hefeweizen 6
 singha 8
 sixth glass ipa 7
 smithwicks 7
 corona 6
 tank 7

DRAFTS

blue moon 6
 firestone IPA 6
 magic hat #9 6
 santa monica XPA 7

SPECIALTY COCKTAILS 10

CINNAMON BASIL SMASH
 green apples, lime juice, syrup, basil, sauvignon blanc
 LYCHEE MARTINI
 fresh lychee, lychee juice, soju
 MOJITO
 sugar, mint, lime, soju
 TIATO MARTINI
 seasonal tiato leaf, lemon syrup, soju, cranberry

SPARKLING

	G	B
ZARDETTO PROS	10	SPLIT
pear, apple, and peaches w/ hint of wild flowers		
PIPER SONOMA BLANC DE BLANC	12	65
citrus flavors w/ a hint of strawberry & vanilla smoke		
SCHRAMSBERG "MIRABELLE" BRUT ROSE	14	75
flavors of smokey red cherry, blood orange, and red grapefruit		

WHITE

	G	B
HESS SAUVIGNON BLANC	8	45
balanced notes of grapefruit key lime & tropical flavors		
HESS SELECT CHARDONNAY	8	40
aromas of pear & citrus are followed by flavors of pineapple & tropical fruit		
LOUIS JADOT POUILLY FUISSE	9	55
aromas of hazelnuts, toasted almonds, grapefruit & lemon		
KUNG FU GIRL RIESLING	8	35
flavors of mandarin orange, white peach & honey dew melon		
STELLA PINOT GRIGIO	7	35
fresh, fruit, citrus, & pears		

RED

	G	B
ANGELINE PINOT NOIR	9	50
black cherry, dried red cherry & cranberry		
MARTIN RAY PINOT	10	60
bright cherry cola, rose petal, vanilla & spice		
BLACK STALLION CABERNET	12	65
rich black cherry, mocha espresso, & caramel		
LYETH MERITAGE	10	65
strawberries, boysenberries, roasted coffee, & maple		
HAHN GSM	8	45
blubberies, pepper, & vanilla		
DONA PAULA MALBEC	7.5	35
black fruits, violets, & spices		
BRAZIN ZINFANDEL	9	50
dark plum, cocoa, & vanilla		