

HOT AND READY

- CLASSIC BACON BREAKFAST BURRITO** 7.25
EGGS / BACON / POTATO HASH /
QUESO FRESCO / CHIPOTLE AIOLI
- CLASSIC SAUSAGE BREAKFAST BURRITO** 7.25
EGGS / TURKEY SAUSAGE / POTATO HASH /
QUESO FRESCO / CHIPOTLE AIOLI
- ENGLISH MUFFIN BREAKFAST SANDWICHES** 3.75
BACON EGG & CHEESE
EGG & CHEESE
EGG WHITE WITH VEGGIES

FROM THE KITCHEN (10-15 MIN)

- AVOCADO TOAST** 6.45
GARLIC AIOLI / AVOCADO /
CHERRY TOMATOES /
BALSAMIC GLAZE/ NORI
CHOICE OF ENGLISH MUFFIN / SOUR DOUGH/
WHOLE GRAIN / GLUTEN FREE BREAD (\$1)
- FIVE GRAIN OATMEAL** 7
FARRO / STEEL CUT OATS / QUINOA /
PEARL BARLEY / BROWN RICE /
DRIED FRUIT COMPOTE / HONEY
- CHICKEN PORRIDGE** 7
RICE / QUINOA / CHICKEN MEATBALLS /
SEAWEED / CHICKEN STOCK
- FRIED EGG AND RICE BOWL** 7.5
CHINESE SAUSAGE / SESAME SEAWEED /
CRISPY SHALLOTS
- ASIAN CHICKEN SAUSAGE BURRITO** 7.5
EGGS / CHICKEN SAUSAGE / POTATO /
CHEDDAR JACK CHEESE /
ASIAN HERB CHILI SAUCE
- SAMO BREAKFAST SANDWICH** 7.75
SOURDOUGH BREAD / EGGS /
MAPLE BACON / AVOCADO / TOMATO /
CHEDDAR JACK CHEESE / SPICY AIOLI
- THE LEAN OMELETTE** 9
EGG WHITES / TURKEY / GOAT CHEESE /
CHERRY TOMATOES /
AVOCADO – SERVED WITH SIDE SALAD

CREATE YOUR OWN EGG BURRITO OR SANDWICH

COMES WITH 7.50
2 EGGS, 1 PROTEIN, 1 ADD-ON, 1 SALSA
(EXTRA PROTEIN \$2, EXTRA ADD-ON \$.50, EGG WHITES \$1)

CHOICE OF	PROTEINS
FLOUR TORTILLA	BACON
SPINACH TORTILLA	HAM
SOURDOUGH	CHICKEN TURKEY APPLE SAUSAGE
NINE GRAIN BREAD	AVOCADO
GLUTEN FREE BREAD	

ADD-ONS	SALSAS
ONION, GREEN ONION, MUSHROOM, SPINACH, ZUCHINNI, TOMATO, BELL PEPPER, POTATO HASH, PICO DE GALLO, CHEDDAR, SWISS, GOAT CHEESE, QUESO FRESCO	CHIPOTLE AIOLI PICO DE GALLO CHIPOTLE SALSA

TWO EGGS ANY STYLE

EGGS 3.5
CHOOSE STYLE
ADD CHEESE \$.75 / VEGGIES \$.50 (REFER TO "ADD ONS")
PROTEIN \$2 / EXTRA EGGS \$1.5 (EACH)

ADD A SIDE

TIATO POTATOES 2
COTTAGE CHEESE 2
FRUIT 2
APPLEWOOD SMOKED MAPLE BACON 4
ORGANIC CHICKEN TURKEY APPLE SAUSAGE 4
TOAST 2
CHOICE OF WHOLE GRAIN / GLUTEN FREE /
SOURDOUGH / ENGLISH MUFFIN