



Kitchen + Garden Venue

STARTERS

- SAUTÉED BRUSSEL SPROUTS 8**
grapes / toasted almond
- CRISPY CHICKEN ROLL 9**
mushrooms / vermicelli / carrots / onions / rice paper
- BUDDHA ROLL 8** *
tofu / romaine lettuce / cabbage / mushroom / jicama / carrots /
tia to / rice paper / black bean sauce
- CHICKEN POT STICKERS 9**
mushrooms / onions / sesame / balsamic glaze
- STEAMED CHICKEN DUMPLINGS 9**
Tiato herb chili sauce
- SPICY TUNA TACOS 9**
green papaya / kaffir lime leaf / red onions / thai sweet chili sauce
- ASIAN CHICKEN FLATBREAD 11**
mozzarella cheese / bell pepper / red onion / cilantro / asian basil /
eggplant / mushrooms / thai sweet chili sauce
- SALT AND PEPPER CALAMARI 10**
bell pepper / green onion

SOUPS & SALADS

- ROASTED TOMATO VEGAN SOUP - cup 5 / bowl 7**
- SOUP DU JOUR - cup 5 / bowl 7**
- CRISPY TOFU AND QUINOA SALAD 12**
quinoa / kale / iceberg lettuce / green cabbage / carrots /
asian pear / fried tofu / mushrooms / tarragon vinaigrette
- TURKEY TACO SALAD 12.5**
black bean / roasted corn / jicama / tomatoes / crispy tortillas /
fresh cilantro / chipotle cilantro dressing
- ANTIOXIDANT SPINACH AND KALE SALAD 13**
blueberries / beets / chevre cheese/ craisins / shallots /
green apples / frisée / flax seeds / pomegranate ginger dressing
(add chicken 3 / add shrimp 5)
- MANDARIN CHICKEN SALAD 13**
cabbage / watercress / carrots / cucumbers / jicama /cilantro / sesame seeds
/ green onion / crispy wonton strips / sesame soy vinaigrette
- SESAME CRUSTED CHICKEN & WATERCRESS SALAD 13**
red lettuce / frisée / granny smith apples / candied walnuts /
bleu cheese / oregano vinaigrette
- WARM WILD RICE TURKEY SALAD 13**
kale / mushrooms / cherry tomatoes / shallots / tia to /
citrus ginger dressing
- KALE CAESAR SALAD 12.5**
green kale / romaine / parmesan / cornbread croutons
lemongrass basil caesar dressing
(add chicken 3 / add shrimp 5)

SANDWICHES & BUNS

- (choice of mixed greens, sweet potato or regular fries, or
Tiato house-made potato chips)
(option to substitute with gluten free / dairy free) *
- CHICKEN BANH MI BURGER 12**
spicy mayo / pickled veggie slaw / cilantro / brioche bun
- KUNG PAO TOFU BANH MI 11**
zucchini / eggplant / portobello / crispy tofu / carrot / daikon /
romaine / spicy aioli / baguette
- TIATO BANH MI (VIETNAMESE BAGUETTE) 12**
beef or chicken / carrots / daikon / cucumber pickles / jalapeño /
cilantro / spicy aioli
- CURRY CHICKEN PITA 10**
apples / jicama / Tiato herbs / golden raisins / pita bread
- ASIAN PULLED PORK SANDWICH 12.5**
asian herbs marinade / kale slaw / red cabbage / carrots / daikon /
portuguese bun
- TOMATO SOUP* & GRILLED CHEESE 11**
cheddar and jack cheese / thai basil pesto /
artisan sourdough bread
(add avocado & maple bacon 2 / add tuna 2.5)
*soup may be exchanged for any regular sandwich side
- TIATO GRASS FED BURGER 15**
butter lettuce / tomato/ cheddar / tarragon spread/portuguese bun
- TURKEY BURGER 15**
roasted garlic aioli / alfalfa sprouts / red onion /
havarti cheese / avocado / focaccia bread

FULL SERVICE LUNCH

LARGE BOWLS & PLATES

- PHO 10**
chicken or beef / rice noodles / fresh herbs /
homemade chicken broth (added herbs and bean sprouts \$1)
- STEWED BEEF NOODLE SOUP (PHO'S COUSIN) 11**
rice noodles / cabbage / lemongrass beef broth
- VIETNAMESE RICE NOODLE SALAD 13** *
crispy chicken rolls / choice of mama's turkey meatballs /
chicken or beef satay
- TIATO EGGPLANT TOFU 12**
vietnamese herbs / black bean sauce / kale cabbage salad /
choice of brown or white rice
- YELLOW CURRY CHICKEN 12.5**
zucchini / chinese long beans / kaffir lime leaf / green apple /
choice of brown or white rice
- ORANGE CHICKEN W/ CRISPY LEEKS 16**
seasonal vegetables / orange marmalade / garlic rice
- MAMA'S WOK NOODLES 10.5** *
broccoli / cabbage / bok choy / celery / bean sprouts /portobello
mushrooms / carrots
(add chicken 3 / tofu 3 / beef 4 / shrimp 5)
- TURKEY MEATLOAF IN A SAN MARZANO SAUCE 13**
mashed potatoes / spinach
- VIETNAMESE SATAY PLATE 13**
chicken or beef/ fresh herbs / peanut sauce / pickled veggies /
brown or white rice
- FILET OF MISO SOLE 17**
baby bok choy / tomato / corn / miso sauce / brown or white rice
- GINGER GLAZED WILD SALMON 20**
caramelized ginger sauce / grilled pineapple /
sautéed kale-spinach / brown or white rice
- SHAKEN BEEF BOWL 17.75**
cubed filet mignon / tomatoes / caramelized onions /
butter lettuce / brown or white rice
- MAMA'S KALBI 17**
korean-style short ribs / cabbage kale / egg white fried rice
- TIATO MAC & CHEESE W/ PARMESAN 7**
- SAUTÉED KALE & BABY BOK CHOI W/ GOJI BERRIES 6**
- ROASTED MARKET VEGGIES W/ TIATO HERBS 7**
- SAUTÉED GARLIC SPINACH 6**
- GRILLED ASPARAGUS 6**
- FRIES REGULAR OR SWEET POTATO 4 (+ garlic 1)**
- TIATO HOUSE-MADE POTATO CHIPS 4**
- FRIED RICE 5**

EXTRAS

- KUNG PAO CRISPY TOFU 3**
- WHITE OR BROWN RICE 3**
- FRENCH BAGUETTE 2**
- TUNA SALAD 5.5**
- AVOCADO 2**
- MIXED GREENS 5**

New!

Gluten-Free Vegetarian

Dairy-Free Vegan

* Can be modified to be Gluten-Free or Vegetarian

At Tiato, we are proud of our sustainable practices. Bringing you health and happiness through food.

18% gratuity added to parties of 8 or more. 6 maximum checks per table.

ORGANIC COFFEE

milk options: non-fat / whole / almond milk +.50 / soy +.50 / coconut almond +.50 / hemp milk +.50

iced or regular coffee - s 1.75 / m 2.00 / lg 2.25

vietnamese coffee (iced or hot) - s 2.25 / m 2.50 / lg 2.75

americano - s 2.00 / m 2.50 / lg 3.00

café au lait - s 2.25 / m 2.50 / lg 2.75

cappuccino - s 2.75 / m 3.00 / lg 3.75

latte - s 2.75 / m 3.00 / lg 3.25 (additional flavors +.50)

espresso shot - s 2.00 / m 2.50 / lg 3.00

white chocolate mocha - s 3.25 / m 3.50 / lg 3.75

(additional syrup flavors +.50)

ORGANIC HOT TEAS 2.50

tropical green	sweet ginger peach	southern mint
bombay chai	dragon eye oolong	english breakfast
earl gray lavender	honey bush caramel	golden chamomile

genmaicha tea latte - s 3.50 / m 3.75 / lg 4.00

FRESH PRESSED JUICE

GREEN GODDESS (12oz) 5 / (16oz) 6.50
broccoli / celery / green apple / honeydew / spinach

ROYAL DETOX (12oz) 5 / (16oz) 6.50
beet / carrot / green apple

CYO (12oz) 5 / (16oz) 6.50 / (20oz) 8
Select 3 fruits or vegetables: broccoli, celery, spinach, green apple, carrot, ginger, beet, honeydew, orange, strawberry, raspberry, lemon, honey, blueberry (each additional fruit +.50)

APPLE / CARROT / ORANGE (12oz) 5 / (16oz) 6.50

APPLE / GINGER / CARROT (12oz) 5 / (16oz) 6.50

LEMONADE 3

SODA & TEA 2.25

sprite / coke / diet coke arnold palmer
iced tea tiato iced green tea

BOBAS

(12oz) \$3.25 / (16oz) \$3.75 / (20oz) \$4.50
green or black milk tea boba

iced vietnamese coffee - s 3.75 / m 4.00 / lg 4.25

regular iced coffee - s 3.25 / m 3.50 / lg 3.75

SMOOTHIES (20oz) 6

(each additional fruit/veggie +.50)

CHOCO BONANZA

choc protein peanut butter / banana / coconut / almond milk

GOOD MORNING VIETNAM

pineapple / mango / ginger / coconut milk

HONEYDEW HEAVEN

honeydew / banana / strawberry / almond milk / honey

VERY BERRY

strawberry / blueberry / honey / nonfat milk

GREEN APE

banana / strawberry / spinach / dates / almond milk

TROPICAL GREEN

mango / kale / banana / pineapple / orange juice

GREEN MONSTER

pineapple / mango / honey / coconut / flax seed / spinach / soy milk

HAWAIIAN

banana / coconut / pineapple / almond milk

THE ZINGER

mango / orange juice / pineapple / ginger

PB & J

peanut butter / strawberry / blueberry / flax seed / soy milk

CYO (20oz) 5.75

choose 3 fruits or veggies / choice of milk, green apple, celery, spinach, carrot, ginger, honeydew, orange, banana, strawberry, blueberry, raspberry, lemon, honey

ADD A SHOT \$0.75

vanilla protein powder / chocolate protein powder / vitamin c /



BOTTLES

pyramid hefeweizen 6
singha 6
corona 6

DRAFTS

firestone IPA 6
magic hat #9 6
santa monica XPA 7
santa monica witbier 7

SPECIALTY COCKTAILS 10

CINNAMON BASIL SMASH
green apples, lime juice, syrup, basil, sauvignon blanc

LYCHEE MARTINI
fresh lychee, lychee juice, soju

MOJITO
sugar, mint, lime, soju

TIATO MARTINI
seasonal tiato leaf, lemon syrup, soju, cranberry

SPARKLING

VILLA SANDI PROSECCO 10 SPLIT
fresh lemon, mineral, apple & pear

PIPER SONOMA BLANC DE BLANC 12 65
citrus flavors w/ a hint of strawberry & vanilla smoke

SCHRAMSBERG "MIRABELLE" BRUT ROSE 14 75
flavors of smokey red cherry, blood orange & red grapefruit

WHITE

HESS SAUVIGNON BLANC 8 45
balanced notes of grapefruit, key lime & tropical flavors

HESS SELECT CHARDONNAY 8 40
aromas of pear & citrus are followed by flavors of pineapple & tropical fruit

LOUIS JADOT POUILLY FUISSE 9 55
aromas of hazelnuts, toasted almonds, grapefruit & lemon

KUNG FU GIRL RIESLING 8 35
flavors of mandarin orange, white peach & honeydew melon

CAPOSALDO VENETO IGT PINOT GRIGIO 7 35
aromas of apple & pear, clean crisp palate, followed with a mineral finish

RED

ANGELINE PINOT NOIR 9 50
black cherry, dried red cherry & cranberry

MARTIN RAY PINOT 10 60
bright cherry cola, rose petal, vanilla & spice

BLACK STALLION CABERNET 12 65
rich black cherry, mocha espresso & caramel

LYETH MERITAGE 10 65
strawberries, boysenberries, roasted coffee & maple

HAHN GSM 8 45
blueberries, pepper & vanilla

DONA PAULA MALBEC 7.5 35
black fruits, violets & spices

BRAZIN ZINFANDEL 9 50
dark plum, cocoa & vanilla