



Kitchen + Garden Venue

STARTERS

- SAUTÉED BRUSSEL SPROUTS 8.5**
grapes / toasted almond
- CRISPY CHICKEN ROLL 8.5**
mushrooms / vermicelli / carrots / onions / rice paper
- BUDDHA ROLL 7.5** *
tofu / romaine lettuce / cabbage / mushroom / jicama / carrots /
tia to / rice paper / black bean sauce
- CHICKEN POT STICKERS 8.5**
mushrooms / onions / sesame / balsamic glaze
- STEAMED CHICKEN DUMPLINGS 8.5**
Tiato herb chili sauce
- SPICY TUNA TACOS 8.5**
green papaya / kaffir lime leaf / red onions / thai sweet chili sauce
- ASIAN CHICKEN FLATBREAD 10.5**
mozzarella cheese / bell pepper / red onion / cilantro / asian basil /
eggplant / mushrooms / thai sweet chili sauce
- SALT AND PEPPER CALAMARI 9.5**
bell pepper / green onion

SOUPS & SALADS

- ROASTED TOMATO VEGAN SOUP - cup 4.5 / bowl 6.5**
- SOUP DU JOUR - cup 4.50 / bowl 6.50**
- CRISPY TOFU AND QUINOA SALAD 11.5**
quinoa / kale / iceberg lettuce / green cabbage / carrots /
asian pear / fried tofu / mushrooms / tarragon vinaigrette
- TURKEY TACO SALAD 12**
black bean / roasted corn / jicama / tomatoes / crispy tortillas /
fresh cilantro / chipotle cilantro dressing
- ANTIOXIDANT SPINACH AND KALE SALAD 12.5**
blueberries / beets / chevre cheese/ raisins / shallots /
green apples / frisée / flax seeds / pomegranate ginger dressing
(add chicken 3 / add shrimp 5)
- MANDARIN CHICKEN SALAD 12.5**
cabbage / watercress / carrots / cucumbers / jicama / cilantro / sesame
seeds / green onion / crispy wonton strips / sesame soy vinaigrette
- SESAME CRUSTED CHICKEN & WATERCRESS SALAD 12.5**
red lettuce / frisée / granny smith apples / candied walnuts /
bleu cheese / oregano vinaigrette
- WARM WILD RICE TURKEY SALAD 12.5**
kale / mushrooms / cherry tomatoes / shallots / tia to /
citrus ginger dressing
- KALE CAESAR SALAD 12**
green kale / romaine / parmesan / cornbread croutons
lemongrass basil caesar dressing
(add chicken 3 / add shrimp 5)

SANDWICHES & BUNS

- (choice of mixed greens, sweet potato or regular fries, or
Tiato house-made potato chips)
(option to substitute with gluten free / dairy free) *
- CHICKEN BANH MI BURGER 11.5**
spicy mayo / pickled veggie slaw / cilantro / brioche bun
- KUNG PAO TOFU BANH MI 10.5**
zucchini / eggplant / portobello / crispy tofu / carrot / daikon /
romaine / spicy aioli / baguette
- TIATO BANH MI (VIETNAMESE BAGUETTE) 11.5**
beef or chicken / carrots / daikon / cucumber pickles / jalapeño /
cilantro / spicy aioli
- CURRY CHICKEN PITA 10.5**
apples / jicama / Tiato herbs / golden raisins / pita bread
- ASIAN PULLED PORK SANDWICH 12**
asian herbs marinade / kale slaw / red cabbage / carrots / daikon /
portuguese bun
- TOMATO SOUP* & GRILLED CHEESE 10.5**
cheddar and jack cheese / thai basil pesto /
artisan sourdough bread
(add avocado & maple bacon 2.5 / add tuna 3)
*soup may be exchanged for any regular sandwich side
- TIATO GRASS FED BURGER 14.5**
butter lettuce / tomato/ cheddar / tarragon spread/portuguese bun
- TURKEY BURGER 14.5**
roasted garlic aioli / alfalfa sprouts / red onion /
havarti cheese / avocado / focaccia bread

QUICK SERVICE LUNCH

LARGE BOWLS & PLATES

- PHO 9.5**
chicken or beef / rice noodles / fresh herbs /
homemade chicken broth (added herbs and bean sprouts \$1.5)
- STEWED BEEF NOODLE SOUP (PHO'S COUSIN) 10.5**
rice noodles / cabbage / lemongrass beef broth
- VIETNAMESE RICE NOODLE SALAD 12.5** *
crispy chicken rolls / choice of mama's turkey meatballs /
chicken or beef satay
- TIATO EGGPLANT TOFU 11.5**
vietnamese herbs / black bean sauce / kale cabbage salad /
choice of brown or white rice
- YELLOW CURRY CHICKEN 12**
zucchini / chinese long beans / kaffir lime leaf / green apple /
choice of brown or white rice
- ORANGE CHICKEN W/ CRISPY LEEKS 15.5**
seasonal vegetables / orange marmalade / garlic rice
- MAMA'S WOK NOODLES 10** *
broccoli / cabbage / bok choy / celery / bean sprouts /portobello
mushrooms / carrots
(add chicken 3.5 / tofu 3.5 / beef 4.5 / shrimp 5.5)
- TURKEY MEATLOAF IN A SAN MARZANO SAUCE 12.5**
mashed potatoes / spinach
- VIETNAMESE SATAY PLATE 12.5**
chicken or beef/ fresh herbs / peanut sauce / pickled veggies /
brown or white rice
- FILET OF MISO SOLE 16.5**
baby bok choy / tomato / corn / miso sauce / brown or white rice
- GINGER GLAZED WILD SALMON 18.5**
caramelized ginger sauce / grilled pineapple /
sautéed kale-spinach / brown or white rice
- SHAKEN BEEF BOWL 17.25**
cubed filet mignon / tomatoes / caramelized onions /
butter lettuce / brown or white rice
- MAMA'S KALBI 16.5**
korean-style short ribs / cabbage kale / egg white fried rice

EXTRAS

- KUNG PAO CRISPY TOFU 3.5**
- WHITE OR BROWN RICE 3.5**
- FRENCH BAGUETTE 2.5**
- TUNA SALAD 6**
- AVOCADO 2.5**
- MIXED GREENS 5.5**

New!

Gluten-Free Vegetarian
 Dairy-Free Vegan

* Can be modified to be Gluten-Free or Vegetarian

At Tiato, we are proud of our sustainable practices. Bringing you health and happiness through food.

18% gratuity added to parties of 8 or more. 6 maximum checks per table.

ORGANIC COFFEE

milk options: non-fat / whole / almond milk +.50 / soy +.50 / coconut almond +.50 / hemp milk +.50

iced or regular coffee - s 2.00 / m 2.25 / lg 2.50

vietnamese coffee (iced or hot) - s 2.50 / m 2.75 / lg 3.00

americano - s 2.00 / m 2.50 / lg 3.00

café au lait - s 2.25 / m 2.50 / lg 2.75

cappuccino - s 3.00 / m 3.25 / lg 3.50

latte - s 3.00 / m 3.25 / lg 3.50 (additional flavors + .50)

espresso shot - s 2.00 / m 2.50 / lg 3.00

white chocolate mocha - s 3.50 / m 3.75 / lg 4.00

(additional syrup flavors +.50)

ORGANIC HOT TEAS 2.50

HERBAL TEA

chamomile / peppermint / rooibos chai

BLACK TEA

english breakfast / earl grey / hot cinnamon spice / darjeeling

OOLONG TEA

pomegranate oolong

GREEN TEA

organic green

genmaicha tea latte - s 3.50 / m 3.75 lg 4.00

FRESH PRESSED JUICE

GREEN GODDESS (12oz) 5.50 / (16oz) 7 / (20oz) 8
broccoli / celery / green apple / honeydew / spinach

ROYAL DETOX (12oz) 5.50 / (16oz) 7 / (20oz) 8
beet / carrot / green apple

CYO (12oz) 6 / (16oz) 7.50 / (20oz) 8.50
Select 3 fruits or vegetables: broccoli, celery, spinach, green apple, carrot, ginger, beet, honeydew, orange, strawberry, raspberry, lemon, honey, blueberry (each additional fruit + .50)

APPLE JUICE (12oz) 5 / (16oz) 6.50

CARROT JUICE (12oz) 5 / (16oz) 6.50

ORANGE JUICE (12oz) 5 / (16oz) 6.50

LEMON GINGER CAYENNE "WELLNESS" SHOT (2oz) 4

LEMONADE W/ GINGER AND CAYENNE (20oz) 6

SODA & TEA 2.25

sprite / coke / diet coke
iced tea

arnold palmer
tiato iced green tea

BOBAS

(12oz) 3.25 / (16oz) 3.75 / (20oz) 4.50
green or black milk tea boba

(add boba to any drink + 1.00)

SMOOTHIES (20oz) 6.25

(each additional fruit/veggie + .50)

CHOCO BONANZA

choc protein peanut butter / banana / coconut / almond milk

GOOD MORNING VIETNAM

pineapple / mango / ginger / almond coconut milk

HONEYDEW HEAVEN

honeydew / banana / strawberry / almond milk / honey

VERY BERRY

strawberry / blueberry / honey / nonfat milk

GREEN APE

banana / strawberry / spinach / dates / almond milk

TROPICAL GREEN

mango / kale / banana / pineapple / orange juice

GREEN MONSTER

pineapple / mango / honey / coconut / flax seed / spinach / soy milk

HAWAIIAN

banana / coconut flakes / pineapple / almond coconut milk

THE ZINGER

mango / orange juice / pineapple / ginger

PB & J

peanut butter / strawberry / blueberry / flax seed / soy milk

CYO (20oz) 6.25

choose 3 fruits or veggies / choice of milk, green apple, celery, spinach, carrot, ginger, honeydew, orange, banana, strawberry, blueberry, raspberry, lemon, honey

ADD ONS \$0.75

vanilla protein powder / chocolate protein powder / granola / flax seed / espresso shot / peanut butter



BOTTLES

pyramid hefeweizen 6
singha 6
corona 6

DRAFTS

firestone IPA 6
magic hat #9 6
santa monica XPA 7
santa monica witbier 7

SPECIALTY COCKTAILS 10

CINNAMON BASIL SMASH
green apples, lime juice, syrup, basil, sauvignon blanc

LYCHEE MARTINI
fresh lychee, lychee juice, soju

MOJITO
sugar, mint, lime, soju

TIATO MARTINI
seasonal tiato leaf, lemon syrup, soju, cranberry

SPARKLING

	G	B
VILLA SANDI PROSECCO fresh lemon, mineral, apple & pear	10	SPLIT
PIPER SONOMA BLANC DE BLANC citrus flavors w/ a hint of strawberry & vanilla smoke	12	65
SCHRAMSBERG "MIRABELLE" BRUT ROSE flavors of smokey red cherry, blood orange & grapefruit	14	75

WHITE

	G	B
HESS SAUVIGNON BLANC balanced notes of grapefruit, key lime & tropical flavors	8	45
HESS SELECT CHARDONNAY aromas of pear & citrus are followed by flavors of pineapple & tropical fruit	8	40
LOUIS JADOT POUILLY FUISSE aromas of hazelnuts, toasted almonds, grapefruit & lemon	9	55
KUNG FU GIRL RIESLING flavors of mandarin orange, white peach & honeydew melon	8	35
CAPOSALDO VENETO IGT PINOT GRIGIO aromas of apple & pear, clean crisp palate, followed with a mineral finish	7	35

RED

	G	B
ANGELINE PINOT NOIR black cherry, dried red cherry & cranberry	9	50
MARTIN RAY PINOT bright cherry cola, rose petal, vanilla & spice	10	60
BLACK STALLION CABERNET rich black cherry, mocha espresso & caramel	12	65
LYETH MERITAGE strawberries, boysenberries, roasted coffee & maple	10	65
HAHN GSM blueberries, pepper & vanilla	8	45
DONA PAULA MALBEC black fruits, violets & spices	7.5	35
BRAZIN ZINFANDEL dark plum, cocoa & vanilla	9	50