



Kitchen + Garden Venue

STARTERS

- SAUTÉED BRUSSEL SPROUTS 8**
grapes / toasted almond
- CRISPY CHICKEN ROLL 8**
mushrooms / vermicelli / carrots / onions / rice paper
- BUDDHA ROLL 7** *
tofu / romaine lettuce / cabbage / mushroom / jicama / carrots /
tia to / rice paper / black bean sauce
- CHICKEN POT STICKERS 8**
mushrooms / onions / sesame / balsamic glaze
- STEAMED CHICKEN DUMPLINGS 8**
Tiato herb chili sauce
- SPICY TUNA TACOS 8**
green papaya / kaffir lime leaf / red onions / thai sweet chili sauce
- ASIAN CHICKEN FLATBREAD 10**
mozzarella cheese / bell pepper / red onion / cilantro / asian basil /
eggplant / mushrooms / thai sweet chili sauce
- SALT AND PEPPER CALAMARI 9**
bell pepper / green onion

SOUPS & SALADS

- ROASTED TOMATO VEGAN SOUP - cup 4 / bowl 6**
- SOUP DU JOUR - cup 4 / bowl 6**
- CRISPY TOFU AND QUINOA SALAD 11**
quinoa / kale / iceberg lettuce / green cabbage / carrots /
asian pear / fried tofu / mushrooms / tarragon vinaigrette
- TURKEY TACO SALAD 11.5**
black bean / roasted corn / jicama / tomatoes / crispy tortillas /
fresh cilantro / chipotle cilantro dressing
- ANTIOXIDANT SPINACH AND KALE SALAD 12**
blueberries / beets / chevre cheese/ craisins / shallots /
green apples / frisée / flax seeds / pomegranate ginger dressing
(add chicken 3 / add shrimp 5)
- MANDARIN CHICKEN SALAD 12**
cabbage / watercress / carrots / cucumbers / jicama /cilantro / sesame seeds
/ green onion / crispy wonton strips / sesame soy vinaigrette
- SESAME CRUSTED CHICKEN & WATERCRESS SALAD 12**
red lettuce / frisée / granny smith apples / candied walnuts /
bleu cheese / oregano vinaigrette
- WARM WILD RICE TURKEY SALAD 12**
kale / mushrooms / cherry tomatoes / shallots / tia to /
citrus ginger dressing
- KALE CAESAR SALAD 11.5**
green kale / romaine / parmesan / cornbread croutons
lemongrass basil caesar dressing
(add chicken 3 / add shrimp 5)

SANDWICHES & BUNS

- (choice of mixed greens, sweet potato or regular fries, or
Tiato house-made potato chips)
(option to substitute with gluten free / dairy free) *
- CHICKEN BANH MI BURGER 11**
spicy mayo / pickled veggie slaw / cilantro / brioche bun
- KUNG PAO TOFU BANH MI 10**
zucchini / eggplant / portobello / crispy tofu / carrot / daikon /
romaine / spicy aioli / baguette
- TIATO BANH MI (VIETNAMESE BAGUETTE) 11**
beef or chicken / carrots / daikon / cucumber pickles / jalapeño /
cilantro / spicy aioli
- CURRY CHICKEN PITA 10**
apples / jicama / Tiato herbs / golden raisins / pita bread
- ASIAN PULLED PORK SANDWICH 11.5**
asian herbs marinade / kale slaw / red cabbage / carrots / daikon /
portuguese bun
- TOMATO SOUP* & GRILLED CHEESE 10**
cheddar and jack cheese / thai basil pesto /
artisan sourdough bread
(add avocado & maple bacon 2 / add tuna 2.5)
*soup may be exchanged for any regular sandwich side
- TIATO GRASS FED BURGER 14**
butter lettuce / tomato/ cheddar / tarragon spread/portuguese bun
- TURKEY BURGER 14**
roasted garlic aioli / alfalfa sprouts / red onion /
havarti cheese / avocado / focaccia bread

QUICK SERVICE LUNCH

LARGE BOWLS & PLATES

- PHO 9**
chicken or beef / rice noodles / fresh herbs /
homemade chicken broth (added herbs and bean sprouts \$1)
- STEWED BEEF NOODLE SOUP (PHO'S COUSIN) 10**
rice noodles / cabbage / lemongrass beef broth
- VIETNAMESE RICE NOODLE SALAD 12** *
crispy chicken rolls / choice of mama's turkey meatballs /
chicken or beef satay
- TIATO EGGPLANT TOFU 11**
vietnamese herbs / black bean sauce / kale cabbage salad /
choice of brown or white rice
- YELLOW CURRY CHICKEN 11.5**
zucchini / chinese long beans / kaffir lime leaf / green apple /
choice of brown or white rice
- ORANGE CHICKEN W/ CRISPY LEEKS 15**
seasonal vegetables / orange marmalade / garlic rice
- MAMA'S WOK NOODLES 9.5** *
broccoli / cabbage / bok choy / celery / bean sprouts /portobello
mushrooms / carrots
(add chicken 3 / tofu 3 / beef 4 / shrimp 5)
- TURKEY MEATLOAF IN A SAN MARZANO SAUCE 12**
mashed potatoes / spinach
- VIETNAMESE SATAY PLATE 12**
chicken or beef/ fresh herbs / peanut sauce / pickled veggies /
brown or white rice
- FILET OF MISO SOLE 16**
baby bok choy / tomato / corn / miso sauce / brown or white rice
- GINGER GLAZED WILD SALMON 18**
caramelized ginger sauce / grilled pineapple /
sautéed kale-spinach / brown or white rice
- SHAKEN BEEF BOWL 16.75**
cubed filet mignon / tomatoes / caramelized onions /
butter lettuce / brown or white rice
- MAMA'S KALBI 16**
korean-style short ribs / cabbage kale / egg white fried rice

SIDES

- TIATO MAC & CHEESE W/ PARMESAN 7**
- SAUTÉED KALE & BABY BOK CHOI W/ GOJI BERRIES 6**
- ROASTED MARKET VEGGIES W/ TIATO HERBS 7**
- SAUTÉED GARLIC SPINACH 6**
- GRILLED ASPARAGUS 6**
- FRIES REGULAR OR SWEET POTATO 4 (+ garlic 1)**
- TIATO HOUSE-MADE POTATO CHIPS 4**
- FRIED RICE 5**

EXTRAS

- KUNG PAO CRISPY TOFU 3**
- WHITE OR BROWN RICE 3**
- FRENCH BAGUETTE 2**
- TUNA SALAD 5.5**
- AVOCADO 2**
- MIXED GREENS 5**

New!

Gluten-Free Vegetarian

Dairy-Free Vegan

* Can be modified to be Gluten-Free or Vegetarian

At Tiato, we are proud of our sustainable practices. Bringing you health and happiness through food.

18% gratuity added to parties of 8 or more. 6 maximum checks per table.

ORGANIC COFFEE

milk options: non-fat / whole / almond milk +.50 / soy +.50 / coconut almond +.50 / hemp milk +.50

iced or regular coffee - s 1.75 / m 2.00 / lg 2.25

vietnamese coffee (iced or hot) - s 2.25 / m 2.50 / lg 2.75

americano - s 2.00 / m 2.50 / lg 3.00

café au lait - s 2.25 / m 2.50 / lg 2.75

cappuccino - s 2.75 / m 3.00 / lg 3.75

latte - s 2.75 / m 3.00 / lg 3.25 (additional flavors + .50)

espresso shot - s 2.00 / m 2.50 / lg 3.00

white chocolate mocha - s 3.25 / m 3.50 / lg 3.75

(additional syrup flavors +.50)

ORGANIC HOT TEAS 2.50

tropical green	sweet ginger peach	southern mint
bombay chai	dragon eye oolong	english breakfast
earl gray lavender	honey bush caramel	golden chamomile

genmaicha tea latte - s 3.50 / m 3.75 / lg 4.00

FRESH PRESSED JUICE

GREEN GODDESS (12oz) 5 / (16oz) 6.50
broccoli / celery / green apple / honeydew / spinach

ROYAL DETOX (12oz) 5 / (16oz) 6.50
beet / carrot / green apple

CYO (12oz) 5 / (16oz) 6.50 / (20oz) 8
Select 3 fruits or vegetables: broccoli, celery, spinach, green apple, carrot, ginger, beet, honeydew, orange, strawberry, raspberry, lemon, honey, blueberry (each additional fruit + .50)

APPLE / CARROT / ORANGE (12oz) 5 / (16oz) 6.50

APPLE / GINGER / CARROT (12oz) 5 / (16oz) 6.50

LEMONADE 3

SODA & TEA 2.25

sprite / coke / diet coke arnold palmer
iced tea tiato iced green tea

BOBAS

(12oz) \$3.25 / (16oz) \$3.75 / (20oz) \$4.50
green or black milk tea boba

iced vietnamese coffee - s 3.75 / m 4.00 / lg 4.25

regular iced coffee - s 3.25 / m 3.50 / lg 3.75

SMOOTHIES (20oz) 6

(each additional fruit/veggie + .50)

CHOCO BONANZA

choc protein peanut butter / banana / coconut / almond milk

GOOD MORNING VIETNAM

pineapple / mango / ginger / coconut milk

HONEYDEW HEAVEN

honeydew / banana / strawberry / almond milk / honey

VERY BERRY

strawberry / blueberry / honey / nonfat milk

GREEN APE

banana / strawberry / spinach / dates / almond milk

TROPICAL GREEN

mango / kale / banana / pineapple / orange juice

GREEN MONSTER

pineapple / mango / honey / coconut / flax seed / spinach / soy milk

HAWAIIAN

banana / coconut / pineapple / almond milk

THE ZINGER

mango / orange juice / pineapple / ginger

PB & J

peanut butter / strawberry / blueberry / flax seed / soy milk

CYO (20oz) 5.75

choose 3 fruits or veggies / choice of milk, green apple, celery, spinach, carrot, ginger, honeydew, orange, banana, strawberry, blueberry, raspberry, lemon, honey

ADD A SHOT \$0.75

vanilla protein powder / chocolate protein powder / vitamin c /



BOTTLES

pyramid hefeweizen	6
singha	6
corona	6

DRAFTS

firestone IPA	6
magic hat #9	6
santa monica XPA	7
santa monica witbier	7

SPECIALTY COCKTAILS 10

CINNAMON BASIL SMASH
green apples, lime juice, syrup, basil, sauvignon blanc

LYCHEE MARTINI
fresh lychee, lychee juice, soju

MOJITO
sugar, mint, lime, soju

TIATO MARTINI
seasonal tiato leaf, lemon syrup, soju, cranberry

SPARKLING

VILLA SANDI PROSECCO	10	SPLIT
fresh lemon, mineral, apple & pear		

PIPER SONOMA BLANC DE BLANC	12	65
citrus flavors w/ a hint of strawberry & vanilla smoke		

SCHRAMSBERG "MIRABELLE" BRUT ROSE	14	75
flavors of smokey red cherry, blood orange & grapefruit		

WHITE

HESS SAUVIGNON BLANC	8	45
balanced notes of grapefruit, key lime & tropical flavors		

HESS SELECT CHARDONNAY	8	40
aromas of pear & citrus are followed by flavors of pineapple & tropical fruit		

LOUIS JADOT POUILLY FUISSE	9	55
aromas of hazelnuts, toasted almonds, grapefruit & lemon		

KUNG FU GIRL RIESLING	8	35
flavors of mandarin orange, white peach & honeydew melon		

CAPOSALDO VENETO IGT PINOT GRIGIO	7	35
aromas of apple & pear, clean crisp palate, followed with a mineral finish		

RED

ANGELINE PINOT NOIR	9	50
black cherry, dried red cherry & cranberry		

MARTIN RAY PINOT	10	60
bright cherry cola, rose petal, vanilla & spice		

BLACK STALLION CABERNET	12	65
rich black cherry, mocha espresso & caramel		

LYETH MERITAGE	10	65
strawberries, boysenberries, roasted coffee & maple		

HAHN GSM	8	45
blueberries, pepper & vanilla		

DONA PAULA MALBEC	7.5	35
black fruits, violets & spices		

BRAZIN ZINFANDEL	9	50
dark plum, cocoa & vanilla		